

## NBC Nightly News with Lester Holt to Feature Dan Nevins, a U.S. Army Veteran, Yoga Instructor, and Hanger Clinic Patient

November 9, 2020

**JACKSONVILLE, Fla. - Nov. 9, 2020** – Tonight, tune in to *NBC Nightly News with Lester Holt* (6:30 p.m. ET / 5:30 p.m. CT) to watch Dan Nevins share his incredible story of how yoga and meditation helped him heal from the invisible wounds of war, and how he's paying it forward.

Nevins is a highly decorated U.S. Army veteran of both the Gulf and Iraq Wars, who lost both legs below the knee in combat in 2004, and his story is being spotlighted in a "Those Who Serve" segment. He recently shared his personal journey with the limb loss and limb difference community during an adaptive yoga class at Hanger Clinic's <a href="EmpowerFest">EmpowerFest</a>, a first-of-its-kind virtual amputee support event.

More information about NBC Nightly News is available at: https://www.nbc.com/nbc-nightly-news. Check your local TV listings to watch in your area.