



Using prosthetic technology fit by Hanger Clinic, Nebraska woman celebrates 100-lb. weight loss by completing first 5K race

November 9, 2017

Omaha, Neb., Nov. 9, 2017 – Conquering a 5K-distance race had been Omaha native Sharan Bryson's dream for years, and when she crossed the finish line in September as part of the Omaha Marathon events weekend, her dream became a reality. No stranger to overcoming challenges, Bryson, whose left leg was amputated below-the-knee in 2009, lost 100 pounds in the year leading up to the race. She also put in many hours of preparation and training with her Hanger Clinic physical therapist, Darren Stoop, DPT. A team of more than a dozen supporters—including Stoop, Bryson's Hanger Clinic prosthetist Mark Maguire, CPO, and others from her Hanger Clinic Omaha team—joined Bryson on the 5K course and cheered her on from the sidelines.

Omaha journalists attended Bryson's final clinical follow-up appointment before the race. Following are some of the resulting news stories:

Omaha World Herald: http://www.omaha.com/livewellnebraska/she-lost-a-leg-toes-and-a-heel-now-she/article_9d8ef560-80ae-50e5-ac6b-01a82909aacd.html

Omaha World Herald 2: http://www.omaha.com/livewellnebraska/fitness/nebraska-woman-who-lost-her-leg-fulfills-dream-of-finishing/article_92e4fcb7-feaf-54bc-a089-161457cfc1ac.html

KPTM-TV (FOX): <http://fox42kptm.com/news/local/amputee-preps-for-run-in-omaha-marathon-5k>

WOWT-TV (NBC): <http://www.wowt.com/content/news/Knicely-Done--Sharons-faith-filled-comeback-446569303.html>

KETV-TV (ABC): <http://www.ketv.com/article/amputee-prepares-for-5k-following-drastic-weight-loss/12255217>

About Hanger Clinic: Founded in 1861 by the first amputee of the Civil War, Hanger Clinic, a subsidiary of Hanger, Inc., owns and operates [more than 800](#) patient care clinics nationwide. The certified clinicians of Hanger Clinic provide patients with the latest in orthotic and prosthetic solutions, including microprocessor devices for those with limb loss and neuromuscular technologies for those with paralysis due to stroke, MS and other debilitating conditions. For more information on Hanger, visit www.Hanger.com, and for more information on Hanger Clinic, visit www.HangerClinic.com.

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